

Abstract

The lecture will focus on the use of art in group therapy, in particular how it can enrich resonance through the aid of symbols, and bridging between the unconscious and the conscious. A clinical vignette will be discussed to illustrate different levels of resonance. Art can help in finding oneself, and others, through the patient's own artistic activity as well as being found in art made by others. Finally it will address how art can be part of a verbal group to enrich its therapeutic process.