

To HEAL and PLAY – ART and CULTURE in the LARGE GROUP- an interactive workshop

Teresa von Sommaruga Howard, Dip Arch Hons, Hon Member IGA (London), is a Registered Architect, systemic family therapist and group analyst. She started the first on-going developmental workshops in larger group thinking in the de Maré tradition, *Creating Large Group Dialogue in Organisations and Society*, in January 2019. She has been working in Stockholm since the mid-nineties, teaching and conducting median groups including an ongoing group, *Let the Culture Speak*, that still meets four times a year in Gamla Stan, www.lettheculturespeak.eu.

Patrick de Maré thought the large group was a place where we can learn to be citizens and to talk to each other in a social setting. I would say, the more playful the talk, the better!

With the aid of images, some artistic, some facing us with difficult social realities and some theoretical, this interactive workshop will introduce the idea that the large group is not only a place that reflects and highlights the often-hidden forces that exist in societies, but it is also a place that can generate enormous creativity. It is a unique place that gives us the possibility to grapple with difficult forces, to discover new thoughts and new possibilities.